

“THE BREAD OF LIFE: STOP EATING CRUMBS WHEN GOD HAS SET A TABLE.”

Sermon – 30 April 2026.

A very good morning my dear brothers and sisters in Christ Jesus.
I trust that you are all doing well.

I greet you all in the most wonderful and precious Name of our Lord and Saviour, Jesus Christ on this blessed Thursday morning, Amen.

Brothers and sisters, lets start off with today’s Scripture foundations:

John 6:35 (NKJV)

“And Jesus said to them, ‘I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.’”

John 6:51 (NKJV)

“I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever...”

Matthew 4:4 (NKJV)

“Man shall not live by bread alone, but by every word that proceeds from the mouth of God.”

Isaiah 55:1-2 (NKJV)

“Why do you spend money for what is not bread, and your wages for what does not satisfy?”

Let’s pray together.

Father, in the mighty Name of Jesus Christ, I come before You with reverence and hunger. Open our eyes, pierce our hearts, and remove every veil of deception—let Your Word strike like fire, cleanse like water, and feed us like bread. Holy Spirit, convict, correct, restore, and revive us today. Let nobody leave the same way they came. In Jesus’ Name, we pray, and we all say, AMEN AND AMEN!

INTRODUCTION: YOU CAN BE FULL AND STILL STARVING

Beloved, listen carefully.

One of the most dangerous conditions in the body of Christ today is not poverty...
It is not sickness...
It is not persecution...

It is spiritual starvation while sitting in a place where there is bread!

Because you can have food in your cupboard and still be malnourished.

You can have a Bible in your house and still be empty.
You can be in church every Sunday and still be starving.

Why?

Because the devil doesn't always attack you with demons and drama.
Sometimes he attacks you with distraction.

He doesn't always try to destroy you with witchcraft—sometimes he destroys you with crumbs.

Crumbs of entertainment.
Crumbs of compromise.
Crumbs of social media.
Crumbs of lust.
Crumbs of bitterness.
Crumbs of offence.
Crumbs of religion without relationship.

And then we wonder why our prayer life is weak.

Why our worship is dry.
Why we are always irritated.
Why we have no joy.
Why we are easily offended.
Why we are tired even after resting.

It's because your soul is hungry, and you are feeding it the wrong thing.

Jesus stands in John 6 and makes one of the most powerful declarations ever spoken:

“I AM the Bread of Life.”

Not a bread.
Not one of many breads.
Not a side dish.

The Bread.
The Life.

Meaning: if you are not eating from Him, you are not living the way you were created to live.

1. THE CROWD WANTED BREAD, BUT NOT THE SAVIOUR

In John 6, Jesus feeds the 5,000 with five loaves and two fish.
It is a miracle of provision, a miracle of multiplication, a miracle of supernatural supply.

But after the miracle, the crowd followed Him again.

At first it looks like revival!

It looks like hunger!

It looks like people are chasing Jesus!

But Jesus exposes their hearts.

John 6:26 (NKJV)

“...you seek Me, not because you saw the signs, but because you ate of the loaves and were filled.”

In other words:

“You don’t want Me.

You want what I can give you.”

Let me preach truth now:

Many people don’t want Jesus... they want benefits.

They want a breakthrough, but not a holy life.

They want healing, but not repentance.

They want blessings, but not obedience.

They want a miracle, but they don’t want maturity.

They want the hand of God, but not the heart of God.

They want the gifts, but not the Giver.

And Jesus says, “That kind of hunger will never satisfy you.”

2. SOME OF YOU ARE HUNGRY BECAUSE YOU KEEP FEEDING ON THINGS THAT DON’T FEED YOU

Let’s be honest.

People are eating every day, but not spiritually.

You are eating:

- Gossip
- Drama
- Anger
- Pornography
- Netflix
- TikTok
- Alcohol

- Revenge fantasies
- Pride
- Unforgiveness
- Complaining
- Worldly music filling your spirit
- Relationships that pull you away from God
- Friends that mock holiness
- Environments that kill your fire

And then you want to pray with power?
No.

You can't live on spiritual junk food and expect spiritual strength.

Isaiah prophesied this:

Isaiah 55:2

“Why do you spend money for what is not bread, and your wages for what does not satisfy?”

Listen to me:

Some of you are spending your time, energy, emotions, and attention on things that will never satisfy your spirit.

And the devil is laughing because he knows something...

If he can't stop you from going to church, he'll stop you from being hungry for God.

He'll make you religious, but empty.

Busy, but powerless.

Active, but not anointed.

And you'll still smile.

Still sing.

Still greet people.

But inside you are starving.

3. JESUS DID NOT SAY “I GIVE BREAD” — HE SAID “I AM BREAD”

Now here is where things shift.

Jesus didn't say, “I will send bread.”

He said:

“I AM the Bread of Life.”

Meaning:

He is not a snack.

He is not a side option.

He is not a Sunday meal.

Jesus is not meant to be visited—He is meant to be consumed.

Let me say it clearly:

If your Christianity only happens on Sundays, you are living on crumbs.

If you only open your Bible when you're in trouble, you are starving yourself.

If your prayer life only starts when you need something, you are not feeding—you are begging.

And God did not call you to live as a spiritual beggar.

He called you to live as a son, as a daughter, as a warrior, as a vessel filled with heaven.

4. THERE IS A HUNGER GOD DOES NOT FILL—AND IT IS CALLED FLESH

Now this is where it gets toe stomping.

Because there are two types of hunger:

A hunger of the spirit

This hunger is holy.

This hunger draws you to Jesus.

This hunger makes you pray, worship, seek, repent, grow.

And a hunger of the flesh

This hunger is sinful.

This hunger draws you to compromise.

This hunger feeds lust, pride, anger, greed, bitterness.

And here's the truth many don't want to hear:

God does not satisfy the flesh. He crucifies it.

The flesh is never full.

You feed lust, it grows.

You feed pride, it grows.

You feed anger, it grows.

You feed offence, it grows.

You feed addiction, it grows.

The flesh is like a demon appetite—it always wants more.

That's why some people cannot stop.

Because the flesh is not designed to be satisfied.
It is designed to be surrendered.

5. SOME OF YOU ARE NOT HUNGRY FOR GOD BECAUSE YOU ARE ALREADY FULL OF THE WORLD

Let me say it again, because it's the truth:

Some of you have no appetite for prayer because you are full of entertainment.
No appetite for the Word because you are full of opinions.
No appetite for worship because you are full of stress.
No appetite for holiness because you are full of compromise.

And God is saying:

“You have eaten too much of what is killing you.”

When your spirit is full of the world, it cannot crave heaven.
That's why fasting is powerful.
Because fasting doesn't just remove food—it removes flesh control.

Fasting says:

“Body, you are not the boss.”
“Appetite, you don't control me.”
“Desire, you don't rule me.”
“My spirit will lead.”

6. THE BREAD OF LIFE IS NOT A RELIGIOUS CONCEPT—IT IS A DAILY DEPENDENCE

Jesus teaches us to pray:

“Give us this day our daily bread.”

Not weekly bread.
Not monthly bread.
Not Christmas bread.

Daily bread.

You need Jesus daily.
Not because you are weak, but because you are human.

A believer who does not eat daily becomes weak daily.
And weakness is dangerous.

Weak believers fall easily.
Weak believers compromise easily.
Weak believers get offended easily.
Weak believers give up easily.
Weak believers get depressed easily.

But when you eat the Bread of Life, you gain strength to resist the devil, strength to endure trials, strength to forgive, strength to overcome temptation.

The Word of God is not a book of information.

It is a table of transformation.

7. WHAT DOES IT MEAN TO EAT THE BREAD OF LIFE?

Now let's make it practical.

Eating the Bread of Life means:

(1) You come to Jesus

John 6:35

“He who comes to Me shall never hunger...”

Coming means you stop running to other things first.

Some people run to friends first.

Some run to alcohol first.

Some run to social media first.

Some run to a relationship first.

Some run to anger first.

But the hungry run to Jesus first.

(2) You believe Him

“...and he who believes in Me shall never thirst.”

Believing is not just mental agreement.

Believing means trusting Him enough to obey Him.

Faith without obedience is not faith—it is fantasy.

(3) You feed on His Word

Matthew 4:4 says man shall live by every word from God.

The Word is bread.

If you don't eat the Word, you will become spiritually faint.

(4) You commune with Him

Prayer is eating.

Worship is eating.

His presence is eating.

Some people treat prayer like a duty.

But prayer is not duty—it is dinner.

(5) You turn from sin

Sin is poison to your appetite.

That's why people who live in sin avoid prayer.

Because sin makes the presence of God uncomfortable.

But the moment you repent, hunger returns.

8. RELIGION MAKES YOU LOOK FULL, BUT ONLY JESUS MAKES YOU FULL

This is where we need to be careful.

You can look spiritual and still be starving.

You can preach and still be starving.

You can sing and still be starving.

You can serve and still be starving.

You can quote scriptures and still be starving.

Because activities do not equal intimacy.

Many people are busy for God but empty of God.

They have ministry but no fire.

They have position but no presence.

They have title but no testimony.

Jesus did not die to make you a church member.

He died to make you alive.

He died to fill you with His Spirit.

He died to restore hunger.

9. JESUS IS THE ONLY BREAD THAT DOES NOT RUN OUT

Earthly bread runs out.

Money runs out.

People leave.

Jobs change.

Health fails.

Strength fades.

But Jesus says:

“If anyone eats of this bread, he will live forever.” (John 6:51)

The Bread of Life never runs out.

When you feel weak—He is strength.

When you feel lonely—He is companionship.

When you feel condemned—He is mercy.

When you feel broken—He is restoration.

When you feel confused—He is wisdom.

When you feel attacked—He is protection.

The devil may shake your world, but he cannot remove your Bread.

10. SOME OF YOU NEED TO REPENT FOR LIVING ON CRUMBS

Now we get to the heart.

Some of you have been living on crumbs of prayer.

Crumbs of worship.

Crumbs of Bible reading.

Crumbs of holiness.

And you have been trying to fight full demons with half a devotion.

You have been trying to resist temptation with a weak spirit.

You have been trying to raise your children with no spiritual covering.

You have been trying to lead your marriage with no altar.

And the Holy Spirit is saying:

“Enough!”

Enough playing games.

Enough half-hearted Christianity.

Enough lukewarm living.

Enough spiritual laziness.

Because we are in days where the devil is not playing.

And if the enemy can't stop you, he will drain you.

But today, God is restoring hunger.

11. GOD IS CALLING YOU BACK TO THE TABLE

Beloved, hear this:

God is not calling you back to religion.

He is calling you back to the table.

Back to prayer that is real.

Back to Word that is alive.

Back to worship that is pure.

Back to holiness that is powerful.

Back to intimacy that produces authority.

The devil fears believers who eat well.

Because a believer who eats the Bread of Life becomes dangerous to hell.

A fed believer prays with authority.

A fed believer discerns deception.

A fed believer resists temptation.

A fed believer walks in power.

A fed believer casts out devils.

A fed believer carries revival.

12. YOU CANNOT LIVE OFF YESTERDAY'S BREAD

Let me say this clearly:

Yesterday's manna is not enough.

In the wilderness, manna could not be stored.

If they tried to keep it, it rotted.

Because God was teaching Israel dependence.

Some people are living on an old testimony.

"God used me in 2018."

"God touched me in 2020."

“I used to pray.”

Used to?

Listen:

Yesterday’s fire cannot burn today’s battle.

You need fresh bread.

Fresh oil.

Fresh filling.

Fresh surrender.

The Christian life is not a museum—it is a living altar.

13. IF YOU WANT MORE OF GOD, MAKE ROOM FOR GOD

Now let’s get practical and convicting:

If you want to eat the Bread of Life, you must make room.

Some of you need to delete things.

Some need to cut off people.

Some need to change music.

Some need to stop watching certain shows.

Some need to stop flirting with sin.

Some need to repent from hidden compromise.

Because the Bread of Life is holy bread.

And God will not share His throne with idols.

He is not competing with your sin.

He is not negotiating with your compromise.

He is Lord.

And when Jesus becomes Lord, hunger changes.

14. THE TABLE IS SET—BUT YOU MUST COME AND EAT

Let me encourage you.

The table is already set.

God is not withholding Himself from you.

He is not far.

He is not angry at you if you repent.
He is not waiting to punish you.

He is waiting to feed you.
But you must come.

You must stop making excuses.

The devil has lied to many people saying:
“You are too dirty to pray.”

That is a lie from hell.

You don't clean yourself to come to Jesus.

You come to Jesus so He can clean you.

That's the whole gospel.

15. THE BREAD OF LIFE WILL CHANGE YOUR APPETITE

When you start feeding on Christ, something powerful happens.

Your appetite shifts.

The things you used to crave, you start to hate.
The sin you used to entertain, you start to reject.
The gossip you used to enjoy, you start to avoid.
The worldly music you used to love, you start to feel grieved by.
The anger you used to justify, you start to surrender.

Why?

Because when the Bread of Life enters your life, He does not just fill you...

He transforms you.

16. THIS IS A CALL TO SPIRITUAL MATURITY

Now I'm going to speak plainly:

God is raising believers who are not childish.

Not believers who fall apart at every attack.
Not believers who get offended every week.
Not believers who are unstable.

The world is shaking.
The devil is increasing his warfare.
The end times are real.

And God is calling His people to become strong.

Strong in the Word.
Strong in prayer.
Strong in holiness.
Strong in authority.

But strength comes from feeding.

And if you refuse to eat, you will remain weak.

Now hear me in the Spirit:

Some of you feel like you have lost your hunger.
You feel like you have lost your passion.
You feel like your fire has gone out.

But the Lord says today:

“I am not finished with you.”

The hunger is coming back.
The fire is coming back.
The passion is coming back.
The joy is coming back.

Because the Bread of Life is not just a message—it is a Person.

And His Name is Jesus.

You may have eaten crumbs for a season, but today the Father is calling you back to the table.

You are not disqualified.
You are not rejected.
You are not too far gone.

There is still bread in the house!

There is still mercy at the altar!

There is still power in the Name of Jesus!

And if you come to Him today, He will fill you until you overflow.

KEY TAKEAWAYS

1. If you don't eat from Jesus daily, you will become spiritually weak.
A starving Christian is an easy target.
2. The world offers bread that fills your stomach but empties your soul.
Entertainment cannot replace intimacy.
3. Jesus is not just a provider—He is the provision.
He is the Bread, not merely the baker.
4. Flesh hunger grows when you feed it, but spirit hunger grows when you starve the flesh.
Stop feeding what is killing you.
5. Repentance restores appetite.
Sin numbs hunger. Holiness awakens it.
6. You cannot live off yesterday's fire.
Fresh bread is needed for today's battle.
7. When you eat the Bread of Life, your desires change.
Jesus doesn't only fill you—He transforms you.

Let's pray together.

Father, in the Name of Jesus Christ, I pray for every person under the sound of this Word. I break the power of spiritual dullness, laziness, compromise, and distraction—every appetite for sin and every craving for the world, I declare it broken by the power of the Holy Ghost!

Lord Jesus, restore hunger in Your people. Let there be a fresh desire for prayer, a fresh desire for Your Word, a fresh desire for holiness, and a fresh desire for Your presence. I rebuke every spirit of weariness, every spirit of depression, every spirit of heaviness, and every demonic assignment sent to starve Your people. Let the fire of God fall again!

Father, I declare that this house will not live on crumbs. We will not be lukewarm. We will not be powerless. We will not be spiritually malnourished. We will eat at the table of the Lord, and we will rise as strong believers—filled with the Spirit, armed with the Word, and dangerous to hell.

Fill us until we overflow. Strengthen us until we stand firm. Feed us until we become living witnesses of Your glory.

In the mighty Name of Jesus Christ we pray and we all say, AMEN AND AMEN!

Brothers and sisters, to you and to yours, have an amazing, blessed and God filled day.

Until tomorrow, be blessed and be loved.

Much love,

Your brother in Christ Jesus,

Wayne Patterson.